

INFORMATION REGARDING YOUR MAY 28, 2019 DISTRIBUTIONS

JPMorgan Insurance Trust Portfolios

DISTRIBUTION NOTICE (May 28, 2019) – We are providing shareholders of certain J.P. Morgan Insurance Trust Portfolios (the “Portfolios”) as listed in Appendix A with an estimate of the source of the Portfolios’ May 28, 2019 distributions per share (listed in Appendix A) as required by current securities laws. The Portfolios estimate that their May 28, 2019 distributions are comprised in total of net profits from the sale of securities or other properties. This estimate is based on information as of December 31, 2018. **THIS NOTICE IS NOT FOR TAX REPORTING PURPOSES AND IS BEING PROVIDED ONLY FOR INFORMATIONAL PURPOSES IN ORDER TO COMPLY WITH SECURITIES LAWS.** Distributions by the Portfolios to retirement plans that qualify for tax-deferred treatment under federal income tax laws are not taxable; therefore, the information in this notice is not relevant to your current tax situation.

Appendix A

<u>Fund Name</u>	<u>(\$)Estimated Capital Gain Per Share*</u>
JPMorgan Insurance Trust Income Builder Portfolio	0.02902
JPMorgan Insurance Trust Mid Cap Value Portfolio	0.78338
JPMorgan Insurance Trust Small Cap Core Portfolio	2.80339
JPMorgan Insurance Trust U.S. Equity Portfolio	2.17087

**Rates per share are the same across each respective fund’s share class.*

MUST BE PRECEDED OR ACCOMPANIED BY A PROSPECTUS

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